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BOYS & GIRLS CLUB
Fitchburg and Leominster &
Gardner Clubhouses



This passport was supported by an assistance grant by the Rivers, Trails, and Conservation Assistance Program of the National Park Service.

IN PARTNERSHIP WITH:



Come Alive Outside is a 501c3 nonprofit that works to create the awareness, intention and opportunity for people to live healthier lives outside.



2021 SUMMER PASSPORT

**AN ADVENTURE GUIDE FOR LEOMINSTER,
FITCHBURG, AND GARDNER**

PRESENTED BY:



BOYS & GIRLS CLUB
Fitchburg and Leominster &
Gardner Clubhouses

THIS PASSPORT BELONGS TO:

NAME

GRADE

PHONE NUMBER

WHAT DO YOU LIKE TO
DO BEST IN SUMMER?

GRAND PRIZE DRAWING

For a chance to win the
GRAND PRIZE:

- 1) Complete at least 30 points
- 2) Fill out the online survey by scanning the QR or visiting:
<https://forms.gle/yj9bvc3aHv34dR4c9>




All completed surveys will be entered in the drawings for the grand prizes. Grand prize winners will be drawn and notified by September 3rd. Winners will receive an adventure goodie bag with a brand new pair of binoculars for exploration.



PRIZES

When you earn **30 POINTS** in your passport, you can redeem your points for a prize! You can get one prize at any time during the program.

Claim a prize by **FRIDAY, AUGUST 27TH**, weekdays from 10am to 4pm, at one of two locations:

 **Gardner Clubhouse:**
Gardner Middle School,
297 Catherine St, Gardner, MA 01440

 **Leominster Clubhouse:**
365 Lindell Ave, Leominster, MA 01453



For prize questions contact adigirolama@bgcfl.org or visit bgcfl.org/index.php/our-programs/come-alive-outside

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ABOUT

Come Alive Outside is 501c3 nonprofit based in Rutland, VT. Our mission is to bring people together to create the awareness, intention and opportunity for people to live healthier lives outside. Thank you to all of our community partners who make this passport possible!



The mission of the **Boys and Girls Club of Fitchburg, Leominster, and Gardner** is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive, responsible, and caring citizens.



BOYS & GIRLS CLUB
Fitchburg and Leominster &
Gardner Clubhouses

If you have questions, please contact us:

✉ adigirolamo@bgcfl.org

Stay connected!

Follow us on Facebook and Instagram to share pictures, get updates, and be part of contests with your passports!

🌐 bgcfl.org or comealiveoutside.com

f [Boys & Girls Club of Fitchburg and Leominster](https://www.facebook.com/bgcfitchburg)

📷 [@bgcfitchburg](https://www.instagram.com/bgcfitchburg) 🐦 [@bgcfitchburg](https://twitter.com/bgcfitchburg)

MOBILE MEALS

Plan and pack a picnic with family or friends outdoors.



TASTY TRAIL MIXING

Create your own trail mix and take it with you on a walk. Use any combination of nuts, seeds, dried fruit, cereal, and other snacks you love! Make sure they're easy to carry and will keep you nourished and energized on the move.



HOW IT WORKS

HOW THE PASSPORT WORKS:

Do fun stuff and win cool prizes!

Complete at least **30 points** in your passport to earn prizes! The last day of the program is **September 3, 2021**. Look at the last page of your booklet to see more information on prizes. Be sure to practice safe physical distancing while completing your passport activities.

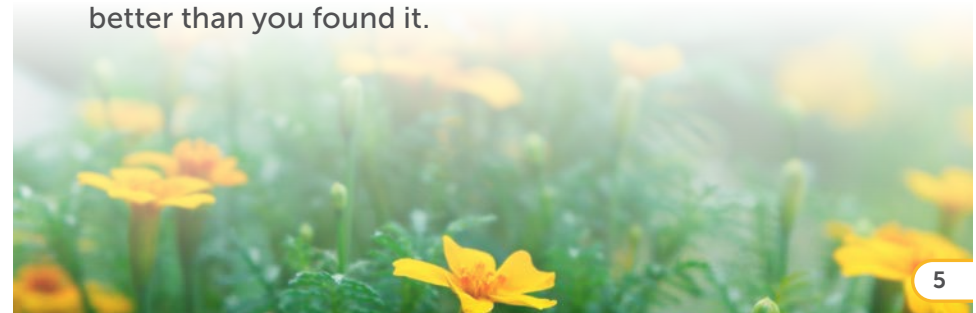
LOOK FOR THIS ICON  AND SHARE YOUR PHOTOS WITH US!

#comealiveoutside

! STAY SAFE

Make safe choices for you and your family. You can earn enough points for a prize by completing activities in your own back yard. If you go to a park or public place please follow the state guidelines, use a face covering and practice safe social distancing. Also be sure to wash your hands and use hand sanitizer.

"Leave No Trace" - Respect the beautiful places you visit. Carry out anything you brought in and leave the space better than you found it.



MAKE YOUR OWN ADVENTURE

There are tons of things you can do outside in your own yard this summer!

Check out some of the ideas on the following pages and earn points for your adventures!

 LOOK FOR THE ICON AND SHARE YOUR PHOTOS!

4
POINTS
EACH

LOCAL FOODS

FARMERS MARKET FORAGING

5
Points

Visit the farmers market and find a food from every color of the rainbow. Identify them!

<input type="checkbox"/> Red	<input type="checkbox"/> Yellow	<input type="checkbox"/> Blue	<input type="checkbox"/> Violet
<input type="checkbox"/> Orange	<input type="checkbox"/> Green	<input type="checkbox"/> Indigo	



Fitchburg Farmers Market: Fitchburg Historic Upper Common
857 Main St., Fitchburg, MA 01420

Every Thursday, June 3rd, 2021–October 28th, 2021 from 3–6pm

For more information, visit fitchburgfarmersmarket.org

Leominster Farmers Market:



25 West St., Leominster, MA 01453 | Every Sat 9am - 12pm

For more information, visit:

facebook.com/LeominsterFarmersMarket



AMAZING ARTWORK

Visit the Fitchburg Art Museum with a family member or guardian. Don't forget to visit the front desk to get your passport stamped to show that you visited! **With this passport, admission is free for one accompanying adult, and children under 12 are always free.**

Additionally, the museum offers free admission on the first Thursday of each month.

GET YOUR STAMP

2
Points



Fitchburg Art Museum:
185 Elm Street, Fitchburg, MA 01420

FOREST EXPLORERS

Find a tree that is safe for climbing to get a new perspective.

INITIAL WHEN DONE



4
Points



LEAF IDENTIFICATION

Find a leaf and use the *iNaturalist* app or a guide book from your local library to identify what type of tree it came from.

What did you find?

4

Points



SCENIC CINEMA

Watch a movie outdoors. Movies are offered every Friday from July 2 through August 27. For movie selection and showtimes, visit www.fitchburgma.gov/moviesinthepark

INITIAL/DATE WHEN DONE



2
Points

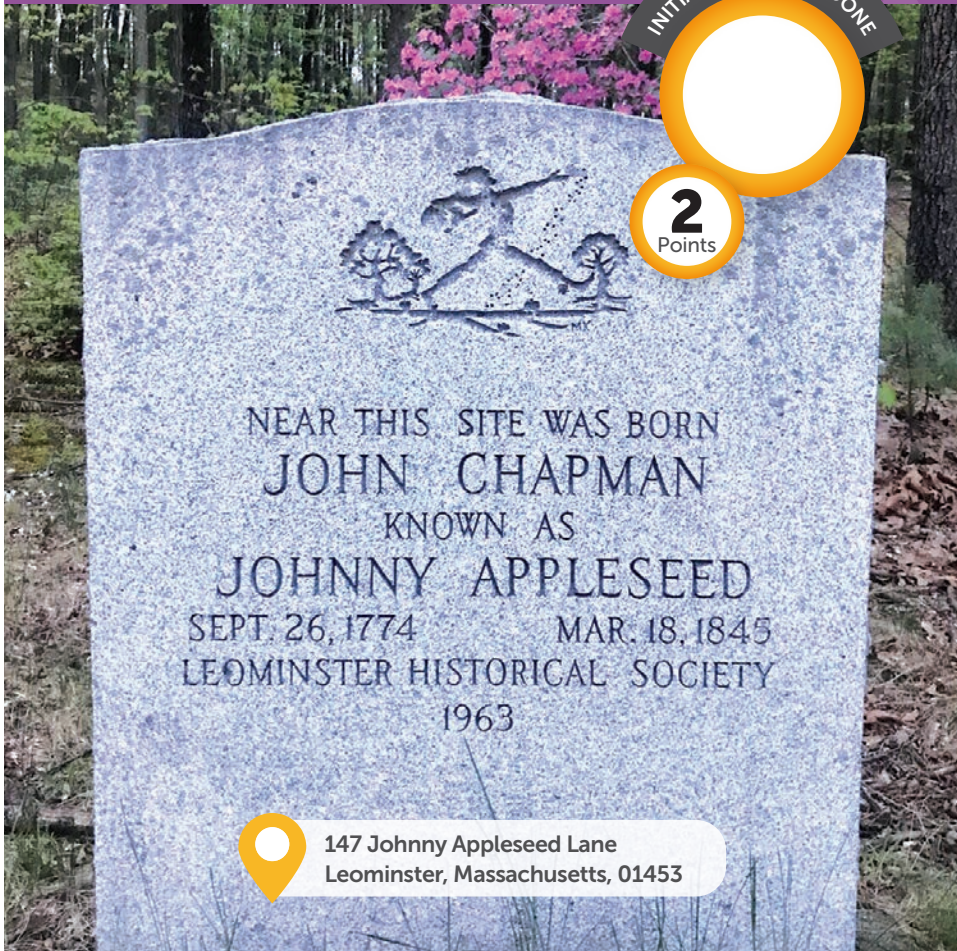


Riverfront Park: 51 Commercial Street
Fitchburg, MA 01420



JOHNNY APPLESEED

Visit Johnny Appleseed's birthplace and take a picture of the memorial marker.



INITIAL/DATE WHEN DONE

2

Points

CARTOGRAPHER CREATION

Draw a map of your favorite place.
Why is this place special to you?

4
Points



STICK SIDEKICK

Find a sturdy walking stick that can support you. Then get busy decorating it with paints, stickers, ribbons, whatever inspires you!

INITIAL WHEN DONE



4

Points



PROJECT APPLES STORYWALK®

Explore at least one of the Project Apples Storywalks®. You can choose between “Animal Tracks” at Sholan Farm and “Kindness Rocks” at Barrett Park. Watch for more Storywalks® like this one at Fitchburg Public Library this summer, beginning in June!

More Info: www.facebook.com/ProjectApples

2
Points

Record which walk you went on:

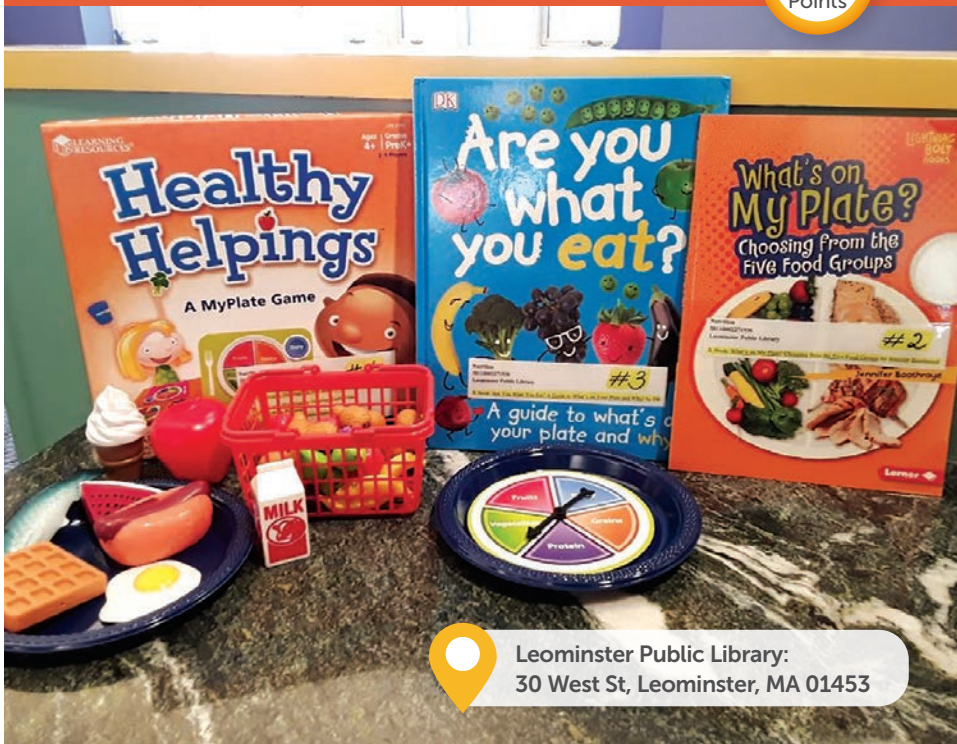
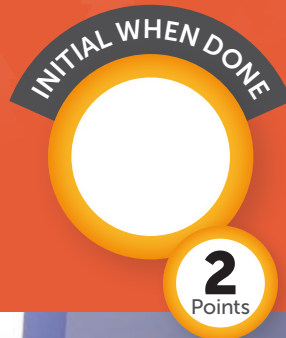


Sholan Farm: 1125 Pleasant Street
Leominster, MA 01453

Barrett Park: 40 Barrett Pkwy,
Leominster, MA 01453

LEOMINSTER LIBRARY DISCOVER KITS

Check out a Discovery Kit from the Library. This is a fun way to learn more about science, healthy eating, the outdoors, or any other topics that might interest you!

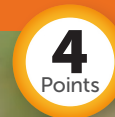


Leominster Public Library:
30 West St, Leominster, MA 01453

TREATS FOR TWEETS

Take an ordinary pinecone, attach a string or ribbon, spread a nut or seed butter all over it. Roll the gooey pinecone in birdseed, then hang it outside on a tree and see who comes for a snack!

Draw a picture of a bird or other critter you see in your yard.



CLOUDGAZING

Go cloud watching. Find a cloud that looks like an animal, and draw a picture of it.

4

Points

LEOMINSTER LIBRARY TEDDY BEARS' PICNIC

SAVE THE DATE:
THURSDAY, JULY 8

Join us in the Dr. Martin T. Feldman Children's Room on **Thursday, July 8**, at noon for an outside Teddy Bears' Picnic! Each child can bring their favorite stuffed animal and a bagged lunch to enjoy a Teddy Bears' Picnic with their family! Children will listen to stories, share their teddy, wear teddy bear ears, and enjoy a yummy freeze pop after their meal.

Registration is required and begins on 7/1. Suitable for ages 3-8. Please note that this program will be held outside near the Pearl Street Entrance. Please bring a small blanket to sit on. Rain date on 7/9. Masks and social distancing are required.

Record the name of the story that was told:

2

Points



This program is sponsored by a generous donation from Digital Credit Union.

EXPLORE YOUR COMMUNITY

Check out places and events on the next pages. Look up your own community events calendar for more fun stuff to do.

2
POINTS
EACH



LOOK FOR THE ICON AND SHARE YOUR PHOTOS!



TRACK THE OUTDOORS

Keep a tally for every day you spend more than 1 hour outside! How many days did you count? What was your longest streak?

4
Points



NOCTURNAL NOISES

Take a walk at night and stop at a safe place. Close your eyes and listen for night sounds. Do you think you can name any sounds? What do you hear?

Record list of sounds:

4
Points

MASS AUDUBON: LAKE WAMPANOAG WILDLIFE SANCTUARY

RAYMOND STREET
GARDNER, MA 01440

3

Points

INITIAL & DATE
WHEN YOU VISIT:

MASS AUDUBON: LINCOLN WOODS WILDLIFE SANCTUARY

LINCOLN WOODS PATH
LEOMINSTER, MA 01453

3

Points

INITIAL & DATE
WHEN YOU VISIT:

MASS AUDUBON: WACHUSETT MEADOW

113 GOODNOW ROAD
PRINCETON, MA 01541

3

Points

INITIAL & DATE
WHEN YOU VISIT:

NORTH COUNTY LAND TRUST: CROCKER CONSERVATION AREA

215 FLAT ROCK ROAD
FITCHBURG, MA 01420

3
Points

INITIAL & DATE
WHEN YOU VISIT:

NORTH COUNTY LAND TRUST: ROME CONSERVATION AREA

69 BROOKSIDE DRIVE
GARDNER, MA 01440

3
Points

INITIAL & DATE
WHEN YOU VISIT:



NORTH COUNTY LAND TRUST: EBENEZER KEYES CONSERVATION AREA

PRINCETON STREET, GARDNER, MA 1440
Located off Keyes Road and Princeton Street in West Gardner

3
Points

INITIAL & DATE
WHEN YOU VISIT:

SUMMER BINGO

Throughout the summer, mark a space for each of the natural features you see on your adventures. Can you get 5 in a row?

4
Points

 Mass Audubon SUMMER BINGO				
 bird feather	 plant growing in water	 flying bird	 ants	 maple leaf
 flock of birds	 signs of a woodpecker	 pink or red flower	 perching bird	 mammal
 frog or toad	 ferns	Free Space	 a nut	 caterpillar
 butterfly	 bird nest	 leaf with holes	 bird song	 spider web
 fish	 flying insect	 multi-colored rock	 trail marker	 turtle



FOR MORE BINGO SHEETS, VISIT MASSAUDUBON.ORG
OR SCAN THIS QR CODE.

CREATIVE CONSTELLATIONS

Wait until dark on a clear night and look to the stars. What constellations do you see? Draw your own constellation. What would it be called?

4
Points

Record your drawing and constellation name:

GARDNER PARKS: NORTH CENTRAL PATHWAY

OFF GREEN STREET
GARDNER, MA 01440

3
Points

INITIAL & DATE
WHEN YOU VISIT:

GARDNER PARKS: DUNN STATE PARK

289 PEARL STREET
GARDNER, MA 01440

3
Points

INITIAL & DATE
WHEN YOU VISIT:

GARDNER PARKS: PERLEY BROOK RESERVOIR

CLARK ST AND BEAGLE CLUB ROAD
GARDNER, MA 01440

3
Points

INITIAL & DATE
WHEN YOU VISIT:

FITCHBURG PARKS: PARKHILL PARK

27 FRANKLIN ROAD
FITCHBURG, MA 01420

3

Points

INITIAL & DATE
WHEN YOU VISIT:

FITCHBURG PARKS: COOLIDGE PARK

198 TOWNSEND STREET
FITCHBURG, MA 01420

3

Points

INITIAL & DATE
WHEN YOU VISIT:

FITCHBURG PARKS: WEST FITCHBURG STEAMLINE TRAIL

491-507 WESTMINSTER STREET
FITCHBURG, MA 01420

3

Points

INITIAL & DATE
WHEN YOU VISIT:

THE
WEST
FITCHBURG
STEAMLINE TRAIL
PARK

PARKS

Parks are a great place to Make Your Own Adventure. Try some of the activities on the next few pages, choose any of the parks listed or discover a new park.



Safety: When you go outside, make sure you are prepared with water, proper clothing, safe footwear, and insect repellent. Be sure to check for ticks when you get home!



LOOK FOR THE ICON AND SHARE YOUR PHOTOS!

3

POINTS
EACH

TAKE A HIKE!

CHOOSE A PARK

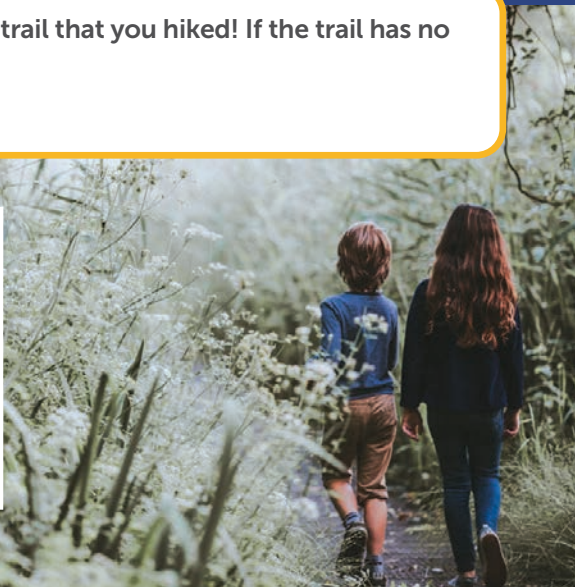
Visit any of your incredible local parks and hike a trail! State parks are also a great place to find trails.

3
Points

Remember! Your local library has free daily park passes to check out if you want to visit a MA State Park. Call your local library to learn how to reserve them.

- Fitchburg Public Library: (978) 829-1780
- Leominster Public Library: (978) 534-7522
- Gardner Public Library: (978) 632-5298

Write the name of the trail that you hiked! If the trail has no name, name it!



LEOMINSTER PARKS: SHOLAN FARM

1125 PLEASANT STREET
LEOMINSTER, MA 01453

3
Points

INITIAL & DATE
WHEN YOU VISIT:



FITCHBURG PARKS: COGGSHALL PARK

159 ELECTRIC AVENUE
FITCHBURG, MA 01420

3
Points

INITIAL & DATE
WHEN YOU VISIT:



FITCHBURG PARKS: GATEWAY PARK

19 SHELDON STREET
FITCHBURG, MA 01420

3
Points

INITIAL & DATE
WHEN YOU VISIT:



LEOMINSTER PARKS: BARRETT PARK AND COLBURN POND

40 BARRETT PKWY
LEOMINSTER, MA 01453

3
Points

INITIAL & DATE
WHEN YOU VISIT:



LEOMINSTER PARKS: PROSPECT PARK

321 PROSPECT STREET
LEOMINSTER, MA 01453

3
Points

INITIAL & DATE
WHEN YOU VISIT:



LEOMINSTER PARKS: FOURNIER PARK

525 LITCHFIELD STREET
LEOMINSTER, MA 01453

3
Points

INITIAL & DATE
WHEN YOU VISIT:



CAMOUFLAGED CANVAS

****CHOOSE A PARK****

Visit any of the
following parks
and find hidden
images in a tree
or rock.

Draw what you see:

3
Points



HOW OLD AM I?

****CHOOSE A PARK****

Visit any of the following parks and locate a pine tree and count the whorls on its trunk to find out how old it is. A whorl is a set of branches at the same height springing from the tree's base. Each whorl is about one year.

Write the number of whorls:

3
Points



CRITTER COUNT

****CHOOSE A PARK****

Find a body of water such as a lake, river, or pond at one of your local parks, and count how many different types of creatures you can find.

Write the name of the stream, pond, or lake.

3
Points

